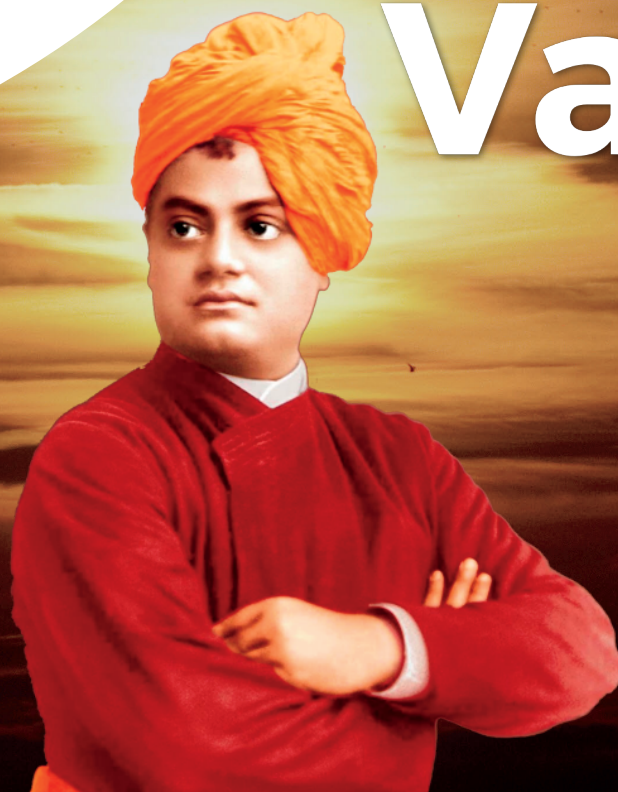


1st Yoga
University
outside India



VaYU is founded on the principles of the great 19th century Hindu monk and philosopher - Swami Vivekananda, who introduced Yoga to the US in 1893, and the concept of universal welfare to the world.

VaYU, the world's first Yoga university in the USA, is devoted to holistic yoga education and research, and offers online graduate programs (MS, Ph.D., and MS/Ph.D.) centered on evidence-based, modern scientific approach to the ancient Indian science and practice of Yoga.



Vision

To build a healthy, harmonious world through wholistic Yoga.

Mission

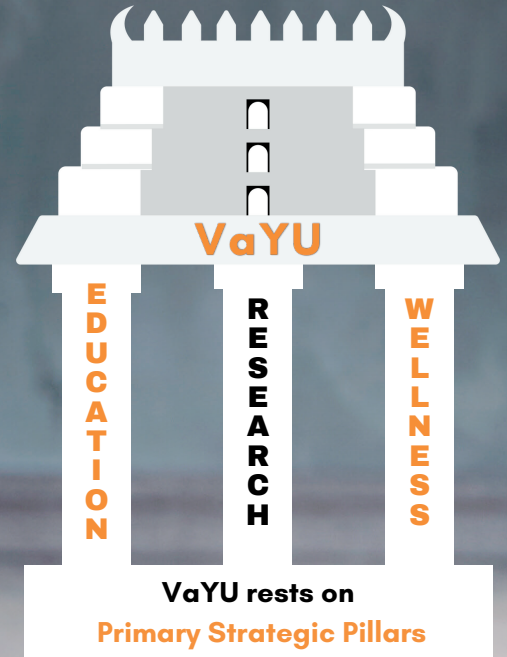
Creating a Yogic life path for the welfare of humanity.



In October of 2022, VaYU formally submitted a 'Letter of Intent' to accredit which has been officially accepted by Western Association of Schools and Colleges (WASC). Subsequently, a 'Site Accreditation Visit' has been scheduled by WASC in September 2023.

VAYU JOURNEY

- 2014 ● VaYU Incorporated
- 2017 ● Established as a 501(c) (3) nonprofit
- 2019 ● Provisional License - BPPE, California
VaYU Launch at Washington D.C.
- 2020 ● Online MS (Yoga) Worldwide Launch
Established as Yoga University (Education)
- 2021 ● Accreditation Eligibility
- 2023 ● Online Ph.D. (Yoga) launched



WHY VaYU

Student Experience

- Intuitive learning platform
- Learn anytime, from anywhere
- Authentic and affordable

Pioneer

- First ever Graduate program in the US - MS (Yoga) and Ph.D. (Yoga)
- Flipped classroom approach with video lectures
- Weekly, online, immersive Faculty-Student 'Q&A' synchronous sessions

Unique Experience

- Personal Contact Program (PCP) and online practicum
- Scientific approach
- Accumulated wisdom

Excellence

- World Renowned highly experienced Faculty (Ph.D.s and MDs)
- Holistic Yoga
- 26 years of average teaching experience

CERTIFICATION PATHS FOR GRADUATES



Graduates need to complete 4 weeks of practicum after Yoga Therapy track



Certification via a simple application

Graduates are eligible to get Yoga Instructor's Certificate (YIC) and Yoga Therapy Instructor's Certificate (YTIC) via registration with SVYASA

Online MS (Yoga)

New Admissions Every Fall & Spring

4

SEMESTERS

21

MONTHS

10*

COURSES

30

CREDITS

VaYU launched its **Online Master of Science (Yoga)** program licensed by the Bureau for Private Postsecondary Education (BPPE), State of California in Fall 2020. The Online MS (Yoga) program is led by some of the most experienced faculty in the world with over 661 years of combined research and teaching experience. Learning modules/courses include Yoga Therapy, Research, Philosophy, Science, Applications, and Practical training. No background in Yoga is required.

OBJECTIVES



Propagation of evidence-based Yoga supported by modern scientific research



Dissemination of Yoga drawn from ancient Indian texts, some of which are 5,000 years old



Preparing students to reach their maximum potential in Yogic practices

With its unique combination of deep holistic yogic teachings, cutting-edge scientific research, and evidence-based yoga therapy, this program is designed to both educate and inspire.

THREE SPECIALIZATION STREAMS

Designed for the working professional and the seeker alike, a student can choose any of the three streams of specializations.



**Yoga
Therapy**



**Yoga
Research**



**Yoga
Philosophy**

PERSONAL CONTACT PROGRAM

A week-long, in-person, hands-on training during odd semesters at our main campus in Los Angeles and in satellite campuses across North America.



Asanas
Physical
Poses



Kriyas
Purification
Techniques



Mudras
Hand
Gestures



Bandhas
Body
Locks



Pranayama
Controlled
Breathing



Dhyana
Meditation
Practices

* Beyond 10 core courses: Research Students add 6 credit theses; Therapy, and, Philosophy students add 2 more courses.

Online Ph.D. (Yoga)

In Spring 2023, VaYU launched the Online Ph.D. (Yoga) program with license from the Bureau for Private Postsecondary Education (BPPE), State of California. For serious students interested in exploring Yoga Science, Philosophy, or Therapy, this doctoral program has three components: preparatory coursework, advancement to candidacy, and submission of an original dissertation.

The typical time for a diligent student to complete the Ph.D. program is 3-5 years with 36 credits beyond a Master's in Yoga, or, 66 credits beyond Bachelor's degree. Ph.D. thesis work is subjective and could require field and/or lab work. A MS/Ph.D. (Yoga) program is available for highly motivated students with a Bachelor's degree.

OBJECTIVES



Comprehensive knowledge and skills in Yoga



Ability to formulate a substantial research question in an uncharted aspect of a sub-discipline



Ability to explore, discover and uncover new knowledge and methodologies in the service of humanity

**18 CREDIT
COURSE WORK
2 SEMESTERS**

**2-CREDIT QUALIFIER
ADVANCEMENT TO CANDIDACY
1 SEMESTER**

**16 CREDIT
DOCTORAL THESIS
2-4 YEARS**

