



## Appendix III

**Table 3:** Ph.D. program learning outcomes mapped to University learning outcomes.

		Ph.D. Program Level Learning Outcomes				
		Would be competent to carry out independent research.	Have comprehensive knowledge and skills in Yoga.	Are equipped to formulate a substantial research question in an uncharted aspect of a sub-discipline.	Are able to explore, discover and uncover new knowledge and methodologies in the service of humanity.	
Learning Goals/Outcomes were taken from the Department Assessment Reports. Update now and/or in the future as you see fit.	General Graduate Studies Outcomes	Learn and apply the scientific method of analysis.	5		5	5
		Gain strong knowledge base of Yoga-related facts and theory		5	5	4
		Develop Strong oral and written communication skills and use of scientific information in the library	3		5	5
		Develop strong problem solving skills, especially in a team situation.	5		5	3
		Develop strong quantitative and technical skills, including data analysis, graphing, field techniques, etc.	4		4	4
		Develop strong analytic skills to critically assess data and ideas in the scientific literature, etc.	3		5	4
		Develop strong observational and pattern-recognition skills	4	5	5	5
	Gain the true understanding of Yoga phenomena that can only be attained by experiencing those phenomena in the Zoom demonstrations and PCP or, better yet, by participating in original research projects	4	4			
	University Learning Outcomes	Become a literate Yogi able to apply understanding to everyday societal controversies and to inform/teach fellow citizens.	3	5		
		Progress through the degree program in a prompt way and to understand post-graduate career and educational opportunities.			3	5
		Knowledge of Yoga Philosophy and advanced topics in Yoga Therapy	4	5	5	5
		Knowledge of Advanced Yoga techniques for managing chronic illnesses	4	5	3	3
		Application of Science of Yoga and applied research on Yogic techniques	5		5	5
		Study and use of Yogic methodology in interpersonal relationships and management				3
Knowledge and ability to run your own Yoga Centers and Yoga-based healing centers					3	