

# Prerequisite Course Map for Online Ph.D. (Yoga)

#### YMS 301T (2)

Ancient Yoga Texts - 2

# YMS 501T (3)

Yoga: Biomedical Science & Research

# YMS 402T (1/2/3)

**Independent Study** 

#### YMS 403P (3)

Yoga for Prenatal & Postnatal Care

#### YMS 407T (3)

Principles of Ayurvedic Diet & Lifestyle

#### YMS 408T (3)

Narada Bhakti Sutras



# YJS 101T (3)

**Jyotish Foundation Course** 

#### **RMA 101T (3)**

Religions of West Asian Origin

## **RMA 102T (3)**

Introduction to Indian Philosophy

#### **RMA 103T (3)**

Introduction to Buddhism

#### RMA 104T (3)

Religions of East Asian Origin

#### RMA 105T (3)

Hinduism

Course Work: 18 Credits – Students make their choice from the above set of courses offered. Pre-requisites if any, must be fulfilled.

YPH 601T (2) Ph.D. Qualifier

#### Ph.D. Qualifier: 2 Credits

• 18-credit of *Course Work* must be completed before starting the Qualifier

#### **Doctoral Thesis: 16 Credits**

- 2-credit *Qualifier* must be completed before starting work on *Doctoral Thesis*
- Students can register for a maximum of 6 credits of Research Work in a semester

YPH 605T (16) Doctoral Thesis