

# PROTOCOL FOR VAYU C-IAYT PRACTICUM @AROGYADHAMA FOR YMS 411BP (2 WEEK RESIDENCY), AND YMS 411CP(4 WEEK RESIDENCY)

## 1. RECEIVE AND WELCOME THE STUDENT AT KIAL AIRPORT, BENGALURU.

- VaYU-Arogyadhama Coordinator (VAC) is the Point of Contact.
- Welcome Student with a Placard with Name and visible VaYU logo in Terminal 2, Passengers exit.
  - Be in contact via WhatsApp. This would need an international service that works in India.
  - □ Warn Student inability to connect to Wi-Fi at KIAL Terminal 2 as it requires a local India Phone.

## 2. HAND OVER VAYU WELCOME PACKET IN THE AIRPORT

- Welcome kit VaYU bag with
  - □ Hardcopy Course description, campus map, Code of conduct list and expectations.
  - □ Writing booklet, pen, mosquito repellent, couple of snacks (chocolate bar, peanuts, etc.), stainless steel or brass water bottle, small flashlight, a thumb drive, etc.
  - Contact list sheet
    - Emergency dedicated contact number of VAC.
    - Alternate number Sharada Didi/Jamuna Didi at Prashanti Kutiram. Other numbers.
  - □ A Hotspot with login credentials.
  - SVYASA welcome kit (sling bag, yoga mat, literature, etc.)
  - □ Visitor travel literature of Bengaluru City, Mysuru, Shravanabelagola, Belur/ Halebid, etc. (Day trips and 2-3 day trips)

### 3. UPON ARRIVAL AT PRASHANTI KUTIRAM (SVYASA AROGYADHAMA CAMPUS)

- VAC coordinates checking into allocated dormitory A/c room.
- Test the Hotspot on the campus and train the Student on using it.
- VAC remains on campus overnight to be available on Practicum Day 1 morning.

#### 4. PRACTICUM DAY 1

- VAC introduces Student to Arogyadhama-VaYU Faculty (AVF) contact in the morning.
- VAC conducts a walk through campus orientation: Arogyadhama sections, Special guest Dining hall, Medical shop, Assembly halls, Meditation Hall, Resident physician, way to dormitory, etc.

#### 5. PRACTICUM EACH DAY OF TRAINING

- AVF will provide daily completion report via LMS for the course YMS 411XP.
- VAC will talk to the Student during tea break for feedback on training and stay.

#### 6. TRAINING COMPLETION

- o AVF will complete a final report and uploads online on VaYU LMS for the course.
- Student returns Hotspot to VAC.
- Student will fill the feedback form on campus.

#### 7. COURSE EVALUATION

- Course evaluation will be provided by VaYU to the student via LMS.
- VaYU Faculty Coordinator for YMS 411XP will evaluate the final report per C-IAYT policies.

#### 8. TRAVEL BACK FROM CAMPUS TO AIRPORT

- Drops the student back to KIAL after completing the course.
- Student is on their own if they extend their stay.
- Thank Student on behalf of VaYU.